A Quarantine Litany March 14, 2020

By Phoebe Farag Mikhail

For those who are sick with any sicknesses, physical, emotional, spiritual, let us pray to the Lord. Lord have mercy.

For all those who care for the sick, whether they are in homes, hospitals or other care centers, let us pray to the Lord. Lord have mercy.

For those who have reposed, let us pray to the Lord. Lord have mercy.

For comfort to the family, friends and loved ones of those who have reposed, let us pray to the Lord. Lord have mercy.



For the first responders, the ambulance drivers, the emergency medical technicians, the fire fighters, the police officers, let us pray to the Lord. Lord have mercy.

For the patient care assistants, the nurses, the doctors, the hospital administrators and clerical staff, let us pray to the Lord. Lord have mercy.

For the scientists and researchers who work to find ways to treat and cure diseases, let us pray to the Lord. Lord have mercy.

For the teachers who must learn how to teach remotely for the first time and the families that must learn how to homeschool their children for the first time, let us pray to the Lord. Lord have mercy.

For the children who rely on school lunches for their daily nutritional needs, let us pray to the Lord. Lord have mercy.

For those who don't have the resources to stock their homes with enough food and supplies, let us pray to the Lord. Lord have mercy.

For those who face abuse in their homes and must stay inside with their abusers, let us pray to the Lord. Lord have mercy.

For those who abuse their loved ones, that they might repent and end their ways, let us pray to the Lord. Lord have mercy.

For those who face strife in their homes, that they might repent and reconcile, let us pray to the Lord. Lord have mercy.

For the lonely who need community but must stay at home, let us pray to the Lord. Lord have mercy.

For the elderly and infirm who are at home and need someone to ask about them, let us pray to the Lord. Lord have mercy.

For the travelers who need to find their way home but are stuck in their locations, let us pray to the Lord. Lord have mercy.

For the World Health Organization, the Center for Disease Control, and all the members of institutions responsible for public health, that they might share accurate and up to date recommendations to the public, let us pray to the Lord. Lord have mercy.

For the media. that it might share only accurate information for the public good, let us pray to the Lord. Lord have mercy.

For the leaders, the government, the clergy, the company executives, the business owners, the school and university administrators, and all those whose decisions affect many others, let us pray to the Lord. Lord have mercy.

For those who suffer from anxiety, panic, and other mental illnesses that are exacerbated by the news, the spread of disease, and a quarantine environment, let us pray to the Lord. Lord have mercy.

For those who have or will lose their jobs, businesses, and livelihoods due to the canceled events, social distancing, and other outcomes of the spread of illness. Lord have mercy.

For those suffering from illness where there is limited or overloaded health care, let us pray to the Lord. Lord have mercy.

For those who have limited access to health care due to their financial situation, let us pray to the Lord. Lord have mercy.

For those who are in need and are vulnerable that we have not mentioned, let us pray to the Lord. Lord have mercy.

For those of us praying this litany now, that we might pray and act according to Your will. Lord have mercy.

Phoebe Farag Mikhail is the author of <u>Putting Joy into Practice: Seven Ways to Lift Your Spirit</u> from the Early Church.